

Eye on the Heart

Webinar Introduction

Welcome to the Mediwhale-hosted webinar, where we will explore the real-world clinical application of retinal imaging for cardiovascular risk stratification.

This session features insights from a leading cardiologist, Dr. Idalys Roman Fernandez, MD, FACC, who has successfully implemented Dr. Noon CVD in clinical workflows. Attendees will gain firsthand understanding of how retinal imaging supports a proactive approach to cardiometabolic health, along with practical perspectives on its use in patient care.

11AM (UAE), Thursday, 22 May 2025



Presentation (20 minutes)

Dr. Roman Fernandez will share her clinical experience using Dr. Noon CVD at GluCare, Dubai, UAE presenting real-world case studies and discussing how the tool has supported her work in preventive cardiology.



Discussion & Q&A (10 minutes)

About the Speaker



Dr. Idalys Roman Fernandez is a specialist cardiologist at GluCare. Health, UAE. She earned her medical degree with honors from the University of Medical Sciences of Havana in 2012 and completed her fellowship in Internal Medicine and Cardiology at the Saudi German Hospitals Group in 2018.

She is a Fellow of the American College of Cardiology, a member of the European Society of Cardiology, and successfully passed the American College of Cardiology Certification Exam in December 2023.

Dr. Roman Fernandez has a deep interest in preventive cardiology and cardiovascular research, with a clinical focus on heart failure. cardiovascular disease in women and athletes, and advanced echocardiography, including strain imaging. She is also one of the first cardiologists globally to incorporate retinal imaging into cardiovascular risk assessment, reflecting her commitment to evidence-based innovation and early detection.

She actively participates in international conferences and educational forums to stay at the forefront of cardiology advancements.

Host



Dr. Sahil Thakur is the Head of Medical Affairs at Mediwhale Inc., Korea, where he leads the global strategy for software-based medical device development. He's a trained ophthalmologist and physician-scientist with a strong background in clinical and translational research.

He completed his medical education (MBBS, MS Ophthalmology) at Government Medical College and Hospital, Chandigarh, India, and subsequently pursued a research fellowship at the Ocular Epidemiology Research Group at Singapore Eye Research Institute (SERI).

Dr. Thakur earned his PhD in Clinical and Translational Medicine from Duke-NUS Medical School, Singapore. He also holds an academic appointment as an Adjunct Research Fellow at SERI.

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